

Update on the Mental Health Improvement Plan

Adults and Health Select Committee on 5 October 2022

Delivering the Mental Health Improvement Plan in partnership

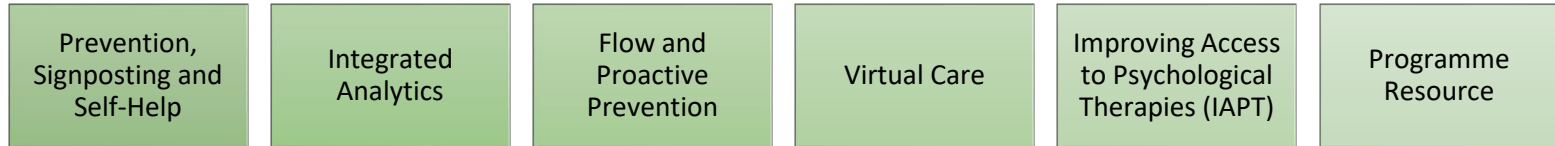
- The Mental Health Improvement Plan (MHIP) is being delivered by a partnership of health and care organisations across Surrey, to respond to the 19 recommendations of the independent peer review which concluded in May 2021. Our purpose is to improve and promote the mental health and emotional wellbeing of Surrey residents.
- In June we provided an update on the MHIP to the Adults and Health Select Committee. The ‘stocktake’ we presented described a significant amount of work which has been undertaken to improve the mental health support and services, but also highlighted some key challenges which have held back delivery, and our plan to address them.

Updating the AHSC on progress since June

- We have submitted two reports to update the Committee on two of the recommendations from the June meeting:
 - Technology – describing how digital tools and technology are helping us to deliver the MHIP.
 - Updating the Committee of progress in addressing two of the key challenges discussed on 23 June:
 1. Resetting our governance
 2. Phasing the priority work we are doing on mental health improvement and transformation across Surrey
- Since submitting our final report, our new Mental Health System Delivery Board met for the second time. On 28 September we also had the opportunity to update the Health and Wellbeing Board on progress to date.

Technology is a key part of delivering improvements for users, residents and staff

- Our report describes some of the practical ways in which technology and digital tools are helping us to improve the services and support we provide to those who need them.
- Six delivery and outcome areas underpin this work. These align with wider objectives in Surrey and nationally, and support delivery across the MHIP.



- Working in partnership creates opportunities to deliver better support to our residents and also presents challenges in terms of data sharing, pathways, relationships, funding and digital approaches. Effective use of digital tools can depend on relationships as much as the technology itself.

Delivering an ambitious digital and data strategy is inherently challenging

- There are a number of strategic challenges, many of which are not specific to mental health, including resource.
- Fragmentation, digital literacy (for both users and our workforce), lack of system interoperability, digital exclusion and the risk of increased health inequalities are all significant challenges for us to overcome.
- Funding arrangements are yet to be confirmed, but we know that national funding streams have been reduced.

Our new Mental Health System Delivery Board met in August and September

- The Board has a remit covering the improvement and transformation of mental health and emotional wellbeing services in Surrey. This includes activity under the MHIP, 'Priority 2' of the Health and Wellbeing Strategy, the NHS Long Term Plan, and other work.
- The Board has a clear mandate to set priorities on behalf of the system and oversee their delivery. A key element of this is the 'phasing' exercise currently underway.
- This is a genuinely 'system' Board with representatives from across our partnership.

This Board is the right forum to provide a grip on MH improvement and to give us the conditions to succeed

- Our new governance structure gives us the basis to address the issues which have previously held back delivery.
- We have clear decision-making and accountability to the Health and Wellbeing Board and the Integrated Care Board. Through the Co-Production and Insight Group, we also have a forum for a wide range of stakeholders, partners and users to bring their diverse perspectives and influence the direction of our work.

This exercise is a work in progress

- Mental health improvement in Surrey is a broad agenda. Work has been progressing in line with our workplan (Annex 1 to our report) but we do not yet have conclusions to present.
- A range of local and national drivers are behind our current activity. This exercise requires us to bring information about this activity together in a consistent and coherent way to enable informed decision-making.

Most activity falls into one of four high-level areas

- Improvement work continues to happen across each of these, although there is variability in how well and how consistently we can articulate the impact and reach of our interventions. This is a focus of the next stage of our phasing work.

Early Intervention &
Prevention

Bouncing & Access

Crisis & Flow

Enablers

- Next steps include:
 - Further session with user voice/lived experience representatives
 - Remaining interviews, particularly with enabling functions (e.g. digital, comms and engagement, workforce)
 - Detail on specific projects within the high-level areas, including on funding
 - Furthering links to the ICS response to the Fuller stocktake and to Place-based health & care partnerships

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